

# Shopping List

Drop-Off: 1111 N. Main Street, Harrisonburg, VA 22802  
Time: Monday through Friday, 8 a.m. to 5 p.m.

## Personal Care

- Deodorant
- Shaving Cream
- Body Wash
- Shampoo
- Conditioner
- Razors
- Toothbrush
- Toothpaste
- Menstrual Products
- Lip Balm
- Travel-Sized Tissues
- Laundry Detergent
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## Clothing

- Men's Underwear
- Women's Underwear
- Sports Bras
- Winter Hats
- Winter Gloves

## Miscellaneous

- Backpacks
- Giftcards (\$10-\$25)

## \*Food

- Soup Cups
- Ramen Noodles
- Protein Bars
- Dried Fruit
- Meat Sticks/Jerky
- Chips

\*\*All food items must be sealed and individually packaged for distribution. Items should require minimal preparation, which can be done by guests independently with a microwave or limited resources.